

## PMU Post-Procedure Instructions

- ✓ After the permanent make-up procedure, it is natural for swelling to occur, particularly for lip liner and eyeliner procedures and depending on different skin types. Applying an ice pack to the treated area every 10 to 15 minutes will minimize swelling and aid in healing.
- ✓ Colors may appear darker immediately following the procedure. Pigments usually scab after 3-5 days. DO NOT pick, rub, or cleanse the area with soap or cleanser for one week. Allow the scab to flake off naturally. As the healing progresses, colors will soften to its true color. We recommend lightly rinsing your face and showering with low pressure water.
- ✓ Apply a small dosage of antibiotic cream (such as bacitracin) or Vaseline twice a day on eyebrows and/or eyeliner. (If allergic to antibiotic cream, use Vaseline or Petrolatum U.S.P).
- ✓ For lips, apply Liprotek or Carmex 4-5 times daily for cold sores, fever blisters, and chapped lips. Do not drink or eat salty, chili, spicy or hot temperature food (this includes hot coffee, soup, and tea). If you have a past history of cold sores and fever blisters, we recommend seeing your physician for the proper medication directly after the procedure.
- ✓ If necessary, an appointment for a retouch can be scheduled at least 4-6 weeks after the initial procedure
- ✓ Do not soak treated area in a hot tub or swimming pool for ten days.
- ✓ **WARNING:** Chlorine, exfoliation creams, and exposure to the sun will cause colors to fade.
- ✓ Failure to follow post-procedure instructions may cause loss of pigment, discoloration, or infection.
- ✓ After care for Microblading/3D Semi-Permanent:  
Proper aftercare is necessary to achieve the best results.
  - 4-5 hours after the procedure, cleanse the treated area **ONCE** with distilled or boiled water at room temperature with gauze or cotton balls/pads. Wipe away all of the ointment.
  - Avoid direct shower water on the treated area. Absolutely **NOTHING** on treated area. No **WATER**, no makeup, lotions, pencils, etc. for 10 days. This will ensure that the hairlines stay as fine as possible water, sweat and oils can cause the hair strokes to blur and spread out. After the 10 days, you may use a gentle cleanser to cleanse brows but avoid scrubbing area for 1 month.
  - **ABSOLUTELY NO** sun, sweating, or tanning prior to the procedure or after the procedure for 10 days. This will cause the color to fade.
  - Do **NOT** rub, scrub, scratch or pick at the treated area. Let any scabbing or dry skin naturally exfoliate off.
  - No swimming until the area is completely healed.

I HAVE READ AND UNDERSTOOD THE ABOVE POST –PROCEDURE INSTRUCTIONS.

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Client Signature

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Phone

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Date